



Patient information

For patients who have been prescribed Donaxyl[®] (dequalinium chloride) for treatment of bacterial vaginosis

You have been prescribed Donaxyl, an antibiotics-free medicine for treatment of bacterial vaginosis.¹ Bacterial vaginosis is the most common cause of malodorous discharges in women.²

Symptoms of bacterial vaginosis

- A thin, white discharge that smells bad (like rotten fish)
- Light itching and smarting pain can occur
- The complaint often occurs after intercourse or in connection with menstruation

WHAT IS BACTERIAL VAGINOSIS?

Bacterial vaginosis is an imbalance in the vagina's bacterial flora.

The female genitalia contain lactobacilli which create a naturally acidic environment in the vagina to protect against infections. If the degree of acidity decreases and the environment becomes alkaline, the lactobacilli are replaced by other bacteria. This increases the risk of bacterial vaginosis. Bacterial vaginosis frequently occurs after menstrual periods or unprotected intercourse as both blood and sperm can disrupt the acidic environment in the vagina.

Bacterial vaginosis is not dangerous, but should be treated if it causes inconvenience. Why some women are affected and not others is still unclear.

VAGINAL TABLET

Donaxyl[®]
dekvaliniumklorid

Tips for avoiding bacterial vaginosis.

- Avoid excessive personal hygiene, using soap on your genitals and washing inside your vagina.
- Use toilet paper "from front to back" to avoid spreading intestinal bacteria into the vagina.
- Use airy undergarments and take off wet swimwear.
- It is preferable to use a condom. Sperm is alkaline and can disturb the naturally acidic environment in the vagina. Avoid spermicidal creams and gels.

THIS IS DONAXYL

Donaxyl is a medicine to combat bacterial vaginosis. It is a vaginal tablet which dissolves in the vagina's natural moisture and releases the antibacterial substance, dequalinium chloride. Donaxyl acts solely in the vagina and is not absorbed by the body.

This is how the treatment works

Take one Donaxyl vaginal tablet in the evening for 6 days. Insert the vaginal tablet deep in the vagina when you go to bed. The easiest way to do this is if you lie down with your legs drawn up.



Remember

Donaxyl often alleviates symptoms within just 1-3 days, however, you should continue the treatment for 6 days. If the treatment is terminated prematurely the complaint can recur.

TO BEAR IN MIND WHEN TAKING DONAXYL

- Some ingredients in the vaginal tablet do not completely dissolve in the vagina, but may be deposited in your underwear. This does not diminish the treatment's effect, nor discolour your underwear.
- If your period occurs simultaneously with taking Donaxyl, interrupt the treatment during the days when you are bleeding most heavily. Then resume the treatment again.
- Avoid using soap on your genitals and washing inside your vagina while using Donaxyl.
- Avoid intercourse during treatment. Use latex condoms or an alternative method for at least 12 hours after the treatment as Donaxyl can affect condoms and pessaries made of materials other than latex.

Pregnancy and breastfeeding

Donaxyl can be used during pregnancy and when breastfeeding.

ARE THERE SIDE-EFFECTS?

As with all medicines, Donaxyl can cause side-effects, but not in all cases.

Most side-effects that can occur in connection with Donaxyl treatment are local, mild and short-lived. At the start of the treatment, the symptoms can sometimes be aggravated before they improve. Continue taking Donaxyl, but if the problem persists after the treatment you should contact your doctor as soon as possible.

Common side-effects that can occur in 1–10% of users are discharges, itching or smarting pain, and vaginal fungal infection (thrush).

For complete information about Donaxyl, see the information for patients in the packaging.

Facts checked by Professor Emeritus Eva Rylander.

References: 1. Patient information leaflet Donaxyl. www.fass.se 2. Bacterial vaginosis. www.internetmedicin.se

Donaxyl (dequalinium chloride) 10 mg/vaginal tablet. **Indication:** Treatment of bacterial vaginosis. **Pack:** 6 tablets. Rx, F. **Dose:** 1 vaginal tablet per day for 6 days in the evening. **Pharmacotherapeutic group:** Gynecological anti-infective and antiseptic quinoline derivate, G01A. Date for review of product summary 8/9/2014. For further information see www.fass.se or contact CampusPharma AB, www.campuspharma.se.

